





Stepping Out Thursday Evening Walks

Enjoy yourself and keep healthy! Walks from May to August. 3 ½ to 4 ½ miles, off road, moderate pace, all welcome.

STARTS May 1st Spring wood 7pm

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May Walks	May 1 st	Spring Wood	7pm	
	May 8 th	High Moor Park, Clitheroe	7pm	
	May 15 th	Hurst Green, by Bailey Arms	7pm	
	May 22 nd	Castle Cement Car Park, West Bradford Rd	7pm	
	May 29 th	Sabden Car Park	7pm	
June Walks	June 5 th	Downham	7pm	
	June 12 th	Spring Wood	7pm	
	June 19 th	High Moor Park, Clitheroe	7pm	
	June 26 th	Hurst Green, by Bailey Arms	7pm	
July Walks	July 3 rd	Castle Cement Car Park, West Bradford Rd	7pm	
	July 10 th	Sabden Car Park	7pm	
	July 17 th	Downham	7pm	
	July 24th	Spring Wood	7pm	
	July 31st	High Moor Park, Clitheroe	7pm	

PLEASE NOTE: from 14th August walks will start at 6.30pm

	August 7 th	Hurst Green, by Bailey Arms	7pm
August	August 14 th	Castle Cement Car Park, West Bradford Rd	6.30pm
Walks	August 21 st	Sabden Car Park	6.30pm
	August 28 th	Downham	6.30pm

Remember, suitable footwear please. See website for other Stepping Out information.

Dogs on leads welcome.

Contact Walks Co-ordinator, Barrie Williams on 01200 414484 www.steppingoutrvbc.co.uk